

## CURRICULUM VITAE

# SONYA N. EPHRAIM, MD, FACOG, FPMRS

Hamilton Court Professional Center  
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### **CURRENT POSITION**

The Institute for Female Pelvic Medicine & Reconstructive Surgery <sup>SM</sup> Associate Physician	Allentown, PA 2015 - present
FPM Urogynecology Center Associate Physician	Allentown, PA 2015 - present
Abington Hospital-Jefferson Health Specialist, Urogynecology / Female Pelvic Medicine and Reconstructive Pelvic Surgery	Abington, PA 2015 - present
St. Luke's Hospital – Allentown Campus Specialist, Urogynecology / Female Pelvic Medicine and Reconstructive Pelvic Surgery	Allentown, PA 2015 - present
Aria – Jefferson Health, Bucks County Campus Specialist, Urogynecology / Female Pelvic Medicine and Reconstructive Pelvic Surgery	Langhorne, PA 2017 - present
Einstein Medical Center - Montgomery Specialist, Urogynecology / Female Pelvic Medicine and Reconstructive Pelvic Surgery	Norriton, PA 2016 - 2017
Swedish American Medical Group Department of Obstetrics and Gynecology	Rockford, IL 2010 - 2014
Rush University Medical Center Department of Obstetrics and Gynecology	Chicago, IL 2006 - 2010

### **EDUCATION**

State University of New York at Buffalo School of Medicine and BioMedical Sciences Doctor of Medicine	Buffalo, NY 2002 - 2006
State University of New York College Bachelor of Arts, Biology Graduated Cum Laude	Buffalo, NY 1998 - 2001

### **POSTGRADUATE MEDICAL TRAINING**

The Institute for Female Pelvic Medicine  
& Reconstructive Surgery<sup>SM</sup> Allentown, PA  
Fellow 2014 - 2015

Rush University Medical Center Chicago, IL  
Department of Obstetrics and Gynecology 2006 - 2010  
Residency

### **FACULTY APPOINTMENTS**

University of Illinois of Medicine at Rockford Rockford, IL  
Department of Obstetrics and Gynecology 2013 - 2014  
Clinical Assistant Professor

### **CERTIFICATION AND LICENSURE**

Diplomate, American Board of Obstetrics and Gynecology 2014  
Annual Re-certification 2015 - 2016  
Subspecialty, Female Pelvic Medicine & Reconstructive Surgery 2015

Licensed Physician in the state of Pennsylvania & Illinois

### **PROFESSIONAL MEMBERSHIPS**

American College of Obstetricians and Gynecologists 2006 - present  
American Uro-Gynecologic Society 2013 - present  
American Association of Gynecologic Laparoscopists 2012 - present  
National Medical Association 2002 - present  
American Medical Association 2006 - present  
Christian Medical and Dental Association 2002 - 2006  
American Medical Student Association 2002 - 2006

### **CURRENT RESEARCH ACTIVITIES**

A Prospective, Non-Randomized, Parallel Cohort, Multi-center Study of Uphold LITE vs. Native Tissue for the Treatment of Women with Anterior/Apical Pelvic Organ Prolapse<sup>??</sup>- Uphold LITE Study (Sponsored by Boston Scientific) 2016

A Post-Market Evaluation of the Altis® Single Incision Sling System versus Transobturator or Retropubic Mesh Sling in the Treatment of Female Stress Urinary Incontinence (Altis 522 Study), 2015

Evaluation of the Use of Transvaginal Resorbable Biologic Mesh as Compared to Traditional Non-Mesh Surgical Repair for Treating Pelvic Floor Disorders. (Sponsored by ACELL) 2014

Restorelle® Transvaginal Mesh versus Native Tissue Repair for Treatment of Pelvic Organ Prolapse. (Sponsored by Coloplast) 2014

Vaginal Tactile Imaging in Assessment of Pelvic Floor Conditions. (Sponsored by Artann Laboratories, National Institute of Aging (NIH) 2011

### **PAST RESEARCH ACTIVITIES**

A Prospective, Safety and Efficacy Cohort Study of Elevate® Anterior and Apical Prolapse Repair System Compared to Native Tissue Repair for Pelvic Organ Prolapse Repair. Protocol # PR1205. (Sponsored by Coloplast) 2014 - 2016

A Prospective, Safety and Efficacy Cohort Study of Elevate® Apical and Posterior Prolapse Repair System Compared to Native Tissue Repair for Pelvic Organ Prolapse Repair. Protocol # PR1206. (Sponsored by AMS) 2014 - 2016

Exair® Prolapse Repair System versus Native Tissue Repair for Treatment of Pelvic Organ Prolapse. (Sponsored by Coloplast) 2014 - 2015

Gestational Hypertension Triage Assessment, S. Ephraim MD, R. Mehendale MD, S. Shott PhD, Rush University Medical Center, January 2009 - 2010

Role of HCN channels in GnRH secretion in hypothalamic GnRH neurons, under Armando Arroyo, MD in the lab of John Yeh, MD, University at Buffalo School of Medicine, 2004 - 2006

Sit versus Stand, project evaluating the differences in energy expenditure while sitting and working versus standing and working and its effectiveness in combating obesity NHLBI research under James Roemmich, PhD, University at Buffalo School of Medicine, 2003

Definitive Role of Radiation Therapy in the Treatment of Breast Cancer, Summer Scholar, Roswell Park Cancer Institute,

### **EDITORIALS OR LETTERS:**

Diagnosis and Surgical Treatment of Stress Urinary Incontinence, Lucente, Vincent R., **Ephraim, Sonya N.**, (2015, *Obstetrics and Gynecology* 125(4):979, April 2015

### **NATIONAL and INTERNATIONAL PRESENTATIONS and ABSTRACTS**

Ting, M., Gonzalez, A., **Ephraim, S.**, Murphy, M., & Lucente, V. (2017). The importance of a full thickness vaginal wall dissection. Comment on " Transvaginal mesh: a historical review and update of the current state of affairs in the United States". *International urogynecology journal*.

Tippett, E., King, J., Lucent, V., **Ephraim, S.**, Murphy, M., & Taff, E. (2017). Does Attorney Advertising Influence Patient Perceptions of Pelvic Mesh?. *Urology*.

Rios, A. G., **Ephraim, S.**, Murphy, M., & Lucente, V. (2016, February). A Retrospective Comparison Of Dyspareunia and Mesh Exposure Outcomes For Patients Who Have Undergone Gynemesh (PROLIFT) and Novasilk (EXAIR) For Treatment of Pelvic Organ Prolapse (POP). In *NEUROUROLOGY AND URODYNAMICS* (Vol. 35, pp. S45-S46). 111 RIVER ST, HOBOKEN 07030-5774, NJ USA: WILEY-BLACKWELL.

Rios, A. G., **Ephraim, S.**, Murphy, M., & Lucente, V. (2015). In Office Single Incision Sling Procedure: A Safe, Cost-Effective Approach for the Surgical Management of Stress Urinary Incontinence. *The Journal of Minimally Invasive Gynecology*, 6(22), S247.

Lucente, V. R., & **Ephraim, S. N.** (2015). Diagnosis and Surgical Treatment of Stress Urinary Incontinence. *Obstetrics & Gynecology*, 125(4), 979.

Video Poster 1, **S. N. Ephraim**, V. Lucente, M. Murphy (2015). *In office single incision transobturator sling (SIS) for the treatment of stress incontinence: A novel approach to patient centric care.* American Urogynecologic Society (AUGS) 36th Annual Scientific Meeting, Oct 13 - 17, 2015 in Seattle, Washington

### **BIOGRAPHICAL INFORMATION**

Birth Date: June 9, 1979

Place of Birth: Syracuse, New York

Marital Status: Married (Rocky) 2 children